



Concord High School **Keeping In Touch** *Respectful Responsible Achieving* **Term 1 Week 10**

Email us your thoughts –
concord-h.school@det.nsw.edu.au

Regularly check school website –
www.concord-h.schools.nsw.edu.au

Principals Report

Year 12 Mid-Course Examinations

Best wishes to our Year 12 students who started their Mid-Course Examinations today. If Students are unwell during the examination period they must contact Mrs Payne, Relieving Deputy Principal to inform her, complete an illness and misadventure form and provide a medical certificate on return to school. Students must meet with Mrs Payne during the examination period as soon as they are well to negotiate another time to complete any missed examinations.

Commonwealth Games 2018

Good luck to Science teacher; Richard Armstrong's son Angus Armstrong who is competing in the Commonwealth Games in pole vaulting. Angus Armstrong currently holds the record for the youngest pole vault winner at the Australian Athletics Championships. We wish Angus well and congratulate him on his success.

Some of our students have the wonderful opportunity to be able to travel to Queensland to watch the Commonwealth Games. We hope that they enjoy the experience and are able to come back and share this experience with the school.

Shave for a Cure

I am so proud of the students at Concord High School who last week coloured or shaved their hair in support of this important charity event. The students and staff of Concord High school have raised approximately thirteen thousand dollars to donate to the Leukaemia Foundation. An amazing and incredibly generous effort from all who contributed.



Principals Report continued

Special mention of Year 7 student, Matthew Broadbent who individually raised \$1768. Well Done, Concord High School is very proud of you!



Enviro Club Grant

Congratulations to Ms Bekheet and the Enviro Club who were successful in applying for a \$1000 Grant. Ms Bekheet was delighted to attend a small environment grant ceremony held by local council at Canada Bay receiving a generous \$1000 injection into further establishing the wildlife corridor on school grounds. Thank you very much to Ms Bekheet and the students who make up the Enviro Club for their tremendous efforts in maintaining and developing the Concord High School environment.



Principals Report continued

Keeping your child safe online

Parents and carers can help their children make smart choices about what they find online.

To help your children protect themselves you can:

- Spend time online with your children and check out sites together.
- Help your children use the Internet as an effective research tool.
- Learn what young people learn – you need to know about chatting, blogging, message boards, Youtube and social networking.
- Make your child aware of stranger danger, particularly in chat rooms.
- Talk to your children about their online experiences both good and bad.
- Teach your children about dealing with disturbing material and quitting sites.
- Teach your children that information on the web is not always reliable.
- Encourage children to treat others on the net the same way they would in real life.
- Know the best ways of avoiding spam and using filters, labels and safe zones.
- Encourage your children to be careful about giving out personal details on the internet.

Supervision at home

- Place your home computer in a public area of your home, perhaps in the room the family spends most time in and not in the child's bedroom.
- Talk through internet use with your child and set some boundaries for computer use. Maybe the time of day they are allowed on the internet, how long they spend online, and what happens if they don't follow the guidelines.
- Supervise your child when they are working online and remind them about sticking to the agreed guidelines.
- Stay informed about who your child is communicating with online. Always supervise them when in chat rooms and never allow them to meet up with new online friends without your knowledge.

Most of all, encourage your child to participate in different activities like sports, dancing, even playing outside – and not to be always on the computer, texting or using other communication technology.



Principals Report continued

10 APPS TEENS ARE USING THAT PARENTS NEED TO KNOW



Calculator%

This app looks like a calculator but functions like a secret photo vault.



Hot or Not

Strangers rate your profile. Goal is to lead to a hook up.



Omegle

A free online chat website that promotes chatting anonymously to strangers.



Burn Book

Post anonymous rumors about people through audio messages, texts, and photos.



Yellow

This app is designed to allow teens to flirt with each other in a Tinder-like atmosphere.



Wishbone

An app that allows users to compare kids against each other and rate them on a scale.



Whisper

An anonymous app where the creators promote sharing secrets and meeting new people.



Kik

Messaging app. Kik has built in apps and web content that would be filtered on home computer.



Ask.fm

Ask an anonymous question and get an answer. This app has been linked to the most severe forms of cyberbullying.



Instagram

Many kids are now creating fake accounts to hide content from parents. Kids also like to text using Instagram because messages are deleted once a user leaves conversation.

FOR MORE INFO: APPSOLUTELYAPRIL.COM

Mrs Jody Engisch
Relieving Principal



Deputy Principals Report

by Craig Anderson

Aboriginal and Torres Strait Islander students after school tutoring

We have established a connection with Walanga Muru, the Office of Indigenous Strategy at Macquarie University recruited tutors for the usual Thursday afternoon meeting time of 3 to 4 pm in Common 4. Please encourage your student to attend next Thursday afternoon. They can bring any school work, homework or assignment that they need some help with or come along just for a chat. *Walanga Muru is a Darug language name meaning Follow your Path.*

Social media reminder

The school is constantly challenged with issues arising from social media. As a parent or caregiver it is vital that you not only discuss social media with your student but that you also are prepared to assist if there are problems. The Office of the eSafety Commissioner has a large amount of online resources and a platform to report online issues.

<https://www.esafety.gov.au/education-resources/iparent>

Support for families

As we approach holidays it is important that you also consider the safety and wellbeing of your student. If you and your student are facing difficulties please consider contacting Headspace for assistance and advice.



Who we are

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services.

Information and services for young people, their families and friends as well as health professionals can be accessed through this website, **headspace** centres, online counselling service **eheadspace**, the Digital Work and Study Service and postvention suicide support program **headspace** School Support.

Did you know?

One in four young people have experienced a mental health issue in the past 12 months – a higher prevalence than all other age groups. Alarming, suicide is the leading cause of death of young people, accounting for one third of all deaths.

Research shows that 75 per cent of mental health issues emerge before the age of 25. By treating these issues early and providing a holistic model of support, the risk of them developing into more serious problems is greatly decreased.



Deputy Principals Report continued

by Craig Anderson

headspace outcomes

headspace undertakes a range of activities to increase the awareness of our services and how to access them among young people, their families, friends and the broader community.

A number of targeted national campaigns help **headspace** talk to hard to reach groups, such as Aboriginal and Torres Strait Islander young people, and encourage them to access support at **headspace** or other appropriate mental health services.

We're proud to say that headspace has provided over 1.5 million* services (centres, online and phone) helping 255,000* young people.

headspace centres

headspace centres are located across metropolitan, regional and rural areas of Australia. They are built and designed with input from young people so they don't have the same look or feel as other clinical services. The centres are there to help people access health workers – whether it's a GP, psychologist, social worker, alcohol and drug worker, counsellor, vocational worker or youth worker.

Services at a **headspace** centre are either free, or have a low cost. You can ask if there is a cost when you make your appointment. Some services require you to have a referral from a doctor; but don't worry **headspace** can help you with this as well.

The role that **headspace** centres play in helping young people has been overwhelmingly effective, with 60 per cent of our clients showing significant improvement. The other 40 per cent are still on their journeys and are continuing to receive services at **headspace** or alternative services.

ehespace

ehespace is an online and telephone service that supports young people and their families going through a tough time.

If you don't have a **headspace** centre nearby or you don't feel ready to visit a centre, **ehespace** provides confidential support seven days a week between 9:00am and 1:00am.

To access **ehespace** for the first time, you'll need to register on their website or over the phone. To register, you will need to provide some information like your email address, postcode and age.

Sessions generally go for 30 - 60 minutes, and if you're receiving support from a **headspace** centre or another service they may ask your permission to speak with your health worker to ensure **ehespace** is providing the best support. But like **headspace** centres, everything is completely confidential unless they're seriously worried about your safety or the safety of someone else. When that happens, they must - by law - try to keep everyone safe and this means they might have to share their concerns with someone else.

ehespace also holds monthly online information sessions where you can join group chats to talk on different things like sleep issues, self harm, helping out a friend and more.



Deputy Principals Report continued

by Craig Anderson

headspace

Ashfield

260 Liverpool Road, Ashfield, New South Wales 2131

P: (02) 9193 8000 F: (02) 9193 8089

Winter uniform

Just a reminder that Term 2 is Winter uniform. Our young men are expected to wear a tie to school. The uniform shop has had a huge delivery so now is the time to buy wet weather jackets, cotton jumpers or shirts and blouses. Please have your student ready for the cold weather that is on its way. Any uniform items that you no longer need please consider donating them to the side office where we dress students in need on a daily basis.

Deputy Principals Report continued

by Fiona Payne

Tell Them From Me Survey

Concord High is delighted that next week, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

The survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered on Monday 9 April. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with this newsletter. If you **do not** want your child or children to participate, please return the form to school by Monday 9 April 2018. Copies of the form and FAQs are available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.

The consent form and FAQs are available in 23 languages.





Education
Centre for Education
Statistics & Evaluation

***Tell Them From Me* student survey:
Information and consent form for
parents and carers**



Dear Parents and Carers

On Monday 9 April 2018, our school is taking part in the *Tell Them From Me* student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. The survey is completed on-line and is run by an independent research company, The Learning Bar, which specialises in school-based surveys.

Staff in schools will not be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and will be administered by the school during normal school hours. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

As well as schools getting student feedback, the Department of Education, through the Centre for Education Statistics and Evaluation (CESE), has access to data from across NSW and is running a research project to look at state-wide patterns of student wellbeing, engagement and effective teaching practices. The research is looking at how these things impact on student outcomes, including academic performance. Individual students will not be identified in any CESE publications, and all information will be handled in accordance with the relevant privacy legislation. Students' personal information will not be disclosed by the department to any other person or body other than as required by law.

This research will help schools in New South Wales to better understand how to improve student wellbeing and engagement. It will also help teachers and principals discuss what works to improve student outcomes.

Participating in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable, he/she can choose to stop the survey at any time. The majority of questions in the survey can be skipped.

If you do not want your child to take part in the survey, please complete the attached form and return it to the school by Monday 9 April 2018.

More information about the survey and the research is available in English on the CESE website: <http://surveys.cese.nsw.gov.au/information-for-parents>

Jody Engisch
Relieving Principal
Concord High School

Dr Jenny Donovan
Executive Director
Centre for Education Statistics and Evaluation

CENTRE FOR EDUCATION STATISTICS AND EVALUATION
E cese@det.nsw.edu.au www.cese.nsw.gov.au



Tell Them From Me Student Feedback Survey non-consent form

If you do not want your child to participate in the student feedback survey, please sign this form and return it to the school by Monday 9 April 2018

I DO NOT give consent for my child/children to participate in the *Tell Them From Me* student feedback survey.

Name of student 1

Roll class of student 1

.....

.....

Name of student 2

Roll class of student 2

.....

.....

Name of student 3

Roll class of student 3

.....

.....

Name of student 4

Roll class of student 4

.....

.....

Name of parent/carers

Signature of parent/carers

Date

Welfare News

by Ms F Milligan

SATURDAY 14 APRIL 2018
9.30AM TO 4.30PM

VENUE:
BURWOOD GIRLS HIGH SCHOOL

ENGAGING ADOLESCENTS
WORKSHOP AND INFORMATION FOR PARENTS

FREE full day parenting program to help parents build trust, develop realistic expectations, improve communication with their teen/tween and foster safe independence.

FREE PARENTING EVENT + ALL CATERING PROVIDED

Presented by **Jocelyn Brewer - Psychologist**, former school counsellor and leading social commentator on healthy 'digital nutrition' and the role of parents.

INFORMATION ABOUT LOCAL SERVICES FOR FAMILIES AND TEENS

Parents can attend a full Engaging Adolescents program to learn about;

- Practical skills for having tricky conversations with teens.
- Adolescent brain development.
- Reasonable expectations.

Parents will gain a renewed sense of confidence about the role they can play in their teenagers lives, without conversations morphing into arguments.

Includes tea and coffee, snacks, lunch and Engaging Adolescents workbooks.

CLICK HERE TO BOOK www.eventbrite.com/e/engaging-adolescents-tickets-43910692062
BOOKINGS ESSENTIAL!

Concord High School Before and After School Sports (BASS) Program Let's Get Physical! – Term 2, 2018



Dear Parent / Guardian,

The **Before and After School Sports (BASS) Program** is continuing to offer a variety of activities before and after school. Students will have the opportunity to further their interest and develop skills in many sporting activities. These activities will be conducted by specialist coaches who aim to improve the skill levels of each student. The focus of this program is **skill development** as well as fun, fitness and friendship! All skill levels from beginner to advanced will be catered for.

**** Please note: This term is an 8 week Sports Coaching Program**

**** All activities in the coaching program will commence in Week 3 of Term 2, 2018** (week commencing 15th May 2018)

Each activity has a minimum and maximum number of students. This is designed to ensure small group sizes, optimum individual attention and cost effectiveness.

The supervising coach will take every care of the group. However, your child has some responsibilities and obligations associated with the coaching session, and we assume that your permission also involves an undertaking by your child to act responsibly. Of particular importance:-

- Students must obey the directions of any teacher/supervisor without delay or question
- Students must remain within the area/s designated by supervising staff
- Students must not leave the group to undertake independent activities

Please see over a permission note for your child to sign up for the **8 week program** in the sport of their choice. Please join the Edmodo group online to receive updates, information and/or changes that may take place during the term. Payment of the full term fee should be returned with the permission note to the side office as soon as possible in order to secure a placement. The P&C have kindly donated some money, offering sponsorship to a select number of students who wish to participate in the program, but are unable to due to financial difficulties. If you would like to apply for this sponsorship, please notify the program coordinator.

Ms. Silverine De Silva

BASS Program Coordinator, PDHPE Faculty

Ph: 0408 428 876

Email: silverine.desilva2@det.nsw.edu.au

Edmodo group code: b3ynje



Before and After School Sports (BASS) Program 2018 (8 weeks)



BEFORE SCHOOL PROGRAM

Sport – 069	Code	Day of week	Time	Start date	Venue	Term Fee
Personal Training (Strength & Fitness)	015	Tuesday	7.30 – 8.30am	15/05/2018	CHS – Hall	\$65
Futsal (Indoor Soccer)	007	Wednesday	7.30 – 8.30am	16/05/2018	CHS – Hall	\$65

AFTER SCHOOL PROGRAM

Sport – 069	Code	Day of week	Time	Start date	Venue	Term Fee
Basketball	020	Tuesday	3.15 – 4.15pm	15/05/2018	CHS – Hall	\$65
Dance	011	Tuesday	3.15 – 4.15pm	15/05/2018	CHS – Theatre	\$65
Soccer (Football)	023	Wednesday	3.15 – 4.15pm	16/05/2018	CHS – Oval	\$65
Netball	020	Wednesday	3.15 – 4.15pm	16/05/2018	CHS – Courts	\$65
Badminton	001	Thursday	3.15 – 4.15pm	17/05/2018	CHS – Hall	\$45
AFL	008	Thursday	3.15 – 4.15pm	17/05/2018	CHS – Oval	\$65

Please tear off and return payment and permission note to the side office as soon as possible.

Before and After School Sports (BASS) Program – Term 2, 2018



I give permission for (Student's Name) _____ in Year _____ to participate in a specialised coaching program in. I am also aware that my child has some responsibilities and obligations associated with the coaching session, and that my permission also involves an undertaking of my child to act responsibly.

sport code amount start date

sport code amount start date

sport code amount start date

Parent's / Guardian's Name: _____ Parent's / Guardian's Signature: _____ Date _____

Emergency Contact phone number: _____ Email: _____

PLEASE JOIN THE BASS EDMODO GROUP TO RECEIVE REGULAR UPDATES, INFORMATION and POSSIBLE CHANGES THAT MAY OCCUR DURING THE TERM. Group code: b3ynje





AFTER SCHOOL TUTORING FOR TERM 2, 2018

Tutoring will begin Monday 7th May and end on Wednesday 27th June

Concord High School provides an after school tutoring program to support and enhance student learning in the classroom. The program is conducted on a term basis and will be available on Mondays, Tuesdays and Wednesdays in English, Maths and Science for both junior and senior students.

Concord High School specifically allocates tutors that have achieved high ATAR (Australian Tertiary Admission Rank) results in their respective HSC (Higher School Certificate) courses to ensure that a high level of academic support is provided to all enrolled students.

There will be 8 tutoring sessions (Week 2 – Week 9) in Term 2, which will be held in the school library from 3:00-4:00pm and from 4:00-5:00pm. If you are interested in enrolling your child into this program, please apply online through the following link:

https://docs.google.com/forms/d/e/1FAIpQLSfi95QrPZ8K6wQLn-HL7aN-M8B1UNJenFv9i0kRMvvCDJmXmA/viewform?usp=sf_link

All applications will be accepted on a 'first come first served' basis. As there is always a high demand for our tutors, it is kindly requested that parents/guardians have flexibility in making their preferences on the online application form.

Students and parents/guardians will be notified of the success of their application during the week beginning 1st May 2018 (Term 2, Week 1). If you any issues in this regard, please do not hesitate to speak to the tutoring coordinator, Ms Sarah Kim on 9745 3777 or via e-mail at sarah.kim69@det.nsw.edu.au.

Applications for Term 2 2018 will OPEN on

Monday 26th March 2018

and CLOSE on

Friday 6th April 2018

Applications are considered on a first come, first served basis.

Please contact Ms Sarah Kim if you have further enquiries in this regard.

sarah.kim69@det.nsw.edu.au





***Congratulations to the students listed below, who were awarded a Merit last week.
Well done!***

STUDENT

AWARD

Sina AKBARI

Bronze Merit: Bronze Merit

Ilse KNOTTENBELT

Bronze Merit: Bronze Merit

Alexander PIRRECA

Bronze Merit: Bronze Merit



Upcoming Dates

VARIATIONS TO ROUTINE TERM 1 WEEK 11 9 APRIL – 13 APRIL 2018 WEEK A

9 April o Year 12 Mid Course Examinations o NSWCHSSA Swimming Championships o ATSI students to Bangarra Dance Workshop 9:00am-3:00pm o Prefects to ANZAC Service 10:0am-2:00pm	10 April o Year 12 Mid Course Examinations o NSWCHSSA Swimming Championships	11 April o Year 12 Mid Course Examinations o Year 11 Cross Roads Camp
12 April o Year 12 Mid Course Examinations o Year 11 Cross Roads Camps o Peer Support Period 6 o School Captains Leadership Program 9:00am-3:00pm	13 April o Year 12 Mid Course Examinations o Year 11 Cross Roads Camp	

A LOOK AHEAD 2018 Term 2 Week 1, 2 & 3

A TERM 2 WEEK 1	30 April o	1 May o	2 May o	3 May o Year 10 Café and Hospitality 9:00am-3:00pm o Sydney Writes Festival 9:00am-3:00pm	4 May o Year 11 Biology 9:00am-3:00pm o HSC Engineering Studies topic Test 8:55am-10:45am
B TERM 2 WEEK 2	7 May o Taste of TAFE	8 May o ICAS Digital Technologies test o Years 9 and 10 Touch Football	9 May o Year 11 Ancient History	10 May o Year 10 Cafe and Hospitality skills o Prefects afternoon tea Riverside Girls HS	11 May o School athletics carnival
A TERM 2 WEEK 3	14 May o Taste of TAFE o GATS interviews	15 May o NAPLAN Years 7 & 9 o GATS interviews o Debating day	16 May o NAPLAN Years 7 & 9 o GATS interviews o Prefects afternoon tea Burwood GHS	17 May o NAPLAN Years 7 & 9 o Year 10 Cafe and Hospitality skills	18 May

