



Concord High School **Keeping In Touch** *Respectful Responsible Achieving* **Term 3 Week 4**

Email us your thoughts –
concord-h.school@det.nsw.edu.au

Regularly check school website -
www.concord-h.schools.nsw.edu.au

Principals Report

On Friday, 4th August, students from the Year 11 prefect body visited the Lucas Gardens School Art Exposition as a self-driven initiative to show support for and engage with other local schools. The students were welcomed to a beautiful art exhibition filled with works from students in years Kindergarten to 12. The works ranged from watercolour paintings to sculptures, and there was no shortage of bright colours or variety. One of the class teachers took us on a guided tour, showing us the state of the art facilities the newly renovated school has, the modified classrooms and classwork of students.

The prefect body decided to purchase a series of four artworks to donate to the school as a gift. These four artworks are from the 'Bespatter' series and were created by Chris, Muhammad, Bianca and Lina. On behalf of the entire prefect body and school, we would like to thank the staff and students of Lucas Gardens School for extending the invitation to the students and putting on such an eye opening and exciting afternoon.



Congratulations to Rachel Seo of Year 8 for the selection of her artwork for display at Operation Art which will be exhibited at the Armory Gallery, Sydney OlympicPark.



Deputy Principals Report

By Craig Anderson & Fiona Payne

On Monday 31st August Concord High School participated in the NSW All Schools Touch Football competition. A combined year 7/8 girls team and a combined year 7/8 boys team participated. Three year 11 boys helped as referees on the day (Jordan Carusi-Smith, Ryan Woodland and Max Zappacosta).

Girls team finished 4th in their pool. Boys team finished 2nd overall, which meant they narrowly missed progressing to the state final (losing only to Patrician Brothers, Blacktown).

All participants represented Concord HS well; demonstrating respect and responsibility. Both teams worked well together, built on their skills throughout the day and displayed sportsmanship throughout.

Congratulations to both teams for representing Concord to the high standard that we expect from all of our teams.

Year 8 Subject selection for Year 9 Electives

The subject selection process has now closed and the electives chosen by students will now be used to start constructing the school timetable for next year.

Online issues

At school we deal with many complaints about student behaviour online (especially of a weekend). There is a very useful organisation and website that you can access 24/7 that can assist with complaints and reports immediately. Go to the Office of the safety commissioner. There are also a number of resources for parents and families.

<https://www.esafety.gov.au/complaints-and-reporting>

Crane Street

You may have noticed that as well as planting along the Crane Street wildlife corridor we have also had some trees removed. This is to make way for more demountable buildings including another toilet block. Once the new buildings have been deployed we will replant appropriately around them.

Year 10 Subject Selection for Preliminary Course

Most students have now had an interview regarding subjects for the preliminary course. This information will be used to construct the timetable for next year. There are a number of students who will be unable to proceed to the preliminary course unless they redeem the growing N award warning letters. If you have received warning letters please ensure that you assist your student to complete and submit the work. If you have any concerns please contact Mr Chappelow, Ms Milligan or Mr Anderson.



Deputy Principals Report continued

Year 12 Trial HSC Examinations

The Trial HSC examination period has now concluded. If your student missed any examination and has not been able to resit that examination please ensure that they see Mr Anderson urgently upon their return to school.

Combined High Schools (CHS) Cross Country

On Friday the 21st of July, three of our students participated at the CHS Cross Country Carnival at Eastern Creek. This included Max Trapnell (year 10) who ran 4 kilometres in the 15 year old boys age group, and Taeyoung Yoon and Jacob Leon who both ran 3 kilometres in the 13 year old boys age group.

To make it to this level of competition is very impressive and all three boys performed extremely well considering the tough competition where there were athletes across all state high schools in New South Wales. We are all very proud of your efforts!!

A special mention must go to Jacob Leon. He finished 12th out of the entire field. Therefore, Jacob can consider himself the 12th best runner out of all state high schools in NSW in the 13 year old boys category. A very

Regional Athletics

On Monday the 24th of July and Tuesday the 25th of July the Sydney North Regional Athletics Carnival was held at Sydney Olympic Park. Concord High School had a strong contingent of 32 students who were representing our school and the Northern Suburbs Zone. This included three relay teams.

There were a number of very impressive performances with many students going close to advancing to the next level of competition (state level). However, I am pleased to report that we have three students who did qualify for the next level and will be attending the Combined High Schools (CHS) athletics carnival from September 6th to 8th at Sydney Olympic Park.

Congratulations to the following students:

Thomas Comer (year 7) who finished second in the 12 year old boys 100m at the regional carnival.

Angus Gray (year 7) who finished second in the 12 year old boys shot put at the regional carnival.

Jacob Leon (year 7) who finished first in the 13 year old boys 800m at the regional carnival.

Good luck boys. What you have achieved already is very special. Concord High School is behind you!!



Welfare News

by Fiona Milligan

As I mentioned last week, Week 5 is THRIVE WEEK. The aim of this week is to recognise and celebrate students who are displaying positive behaviour. It is fantastic to see lots of merits, sunshine letters and PB4L tokens around the school. A big congratulations to students who have received these awards – keep up the great work!

I am including this article below – some more great tips on how to keep the lines of communication open with teenagers.

HOW TO HAVE A GREAT CONVERSATION

Sometimes communicating with teenagers can be tricky. The following tips might help you to keep the channels of communication open with your child:

- Make time and space to talk, get comfy, remove distractions such as phones, and have eye contact. These all signal that you are present, you want to listen, and you are 'there for them'.

- You don't need to fix their problem or make them feel better; you just need to listen. Try not to judge what they are saying. Just nod and say things like, 'Ok', 'Ah ha', 'Yeah'. This will let them know that you're listening positively and will encourage them to keep talking.

- Be empathetic.

- Talk often.

Make time and space to talk

Here are some conversation starters:

- 'Is there something that you'd like some help with?'

- 'Ok, I'm here for you, what's up?'

- If you have an inkling what they want to talk about, introduce the topic like this, 'I've noticed you seem a bit stressed, is there something worrying you?'

You don't need to fix their problem

Help your child come to a solution by themselves

We all sometimes just need to 'vent', get stuff off our chests, whinge, complain, or let our family know we've had a bad day. We don't need anyone to give us a solution or to 'fix' a problem; we just need someone to remind us that we are loved and supported. Your child needs the same opportunity; they may feel alone, frustrated, overwhelmed or upset, and they just need to feel loved and supported.

If you feel the urge to suggest a solution, to give them a lecture, or to try and solve their problem for them, try saying instead:

- 'That sounds tough, do you want help to find a solution or do you just need to get it off your chest?'

- 'How did that make you feel?'

- 'And then what happened?'

Allowing your child to talk through problems will give them an opportunity to use you as a sounding board. Unless they ask for your advice, encourage them to work through the problem themselves. This will help them take responsibility for their actions.



Welfare News continued

Be empathetic

You can demonstrate that you have empathy by being able to put yourself in your child's position and understand the situation from their point of view. Your child will keep coming to you to help them work through problems, and to talk about things, if you make it clear that you are on their side, even when they've made a mistake. You can do this by saying things like:

- 'I can see why you're so (frustrated, sad, annoyed).'
- 'How did you feel about that? Yeah I think I would have felt like that too.'
- 'Why do you think (the other person) did/said that?'

Talk often

Take the opportunity to really check in with your child every day about the little things that are going on in their life. By remaining positively engaged in their life, it will be easier to have difficult conversations when the need arises. If your child can trust you to 'be there for them', to listen to, love and support them, then they are much more likely to see you as someone to turn to first when they need help in working through bigger problems. Your relationship will be built on trust and open, honest communication. Enjoy getting to know your child as the interesting and maturing person they are becoming.

(Page last review by ReachOut Parents Clinical Advisory Group on 29/04/2016)



P&C News

CONCORD HIGH SCHOOL P&C NEWS – FRIDAY, 11 AUGUST 2017

Our new Grants Team have submitted their first P&C and CHS approved grant application and we thank in particular Donna Hogan for all her work on this application. We are excited by the research completed by the team and the programme they have put together for known possible grant applications the P&C can help support over the next 12-18 months. You, through the organisation you work for, might be able to help us as per below.

CORPORATE GRANTS TO SUPPORT SCHOOL PROJECTS

The P&C's Grants Team are interested in hearing from you if you work for an organisation that offers a grants program. For example, we are aware that Telstra offers its employees the opportunity to nominate a worthy cause for the Telstra Kids grants program. Funding is provided for a wide range of initiatives that would be beneficial to our school, including supporting digital citizenship, arts and culture, education, health, the environment and sport and recreation.

If you are a Telstra employee, or an employee of an organisation with a grants program, let us know at the email address below. We would love to hear from you.

OUR NEXT P&C MEETING IS ON TUESDAY, 5 SEPTEMBER FROM 7.00 PM
The meeting is in the staff common room with a planned conclusion by 8.30 pm.

At this meeting we will be delighted to welcome Mrs Fiona Payne to talk to us about this year's CHS NAPLAN results.

The P&C meetings are in the staff common room with all warmly welcome for a relaxed, fun and collegiate gathering of parent, carer, community and school staff members. The meetings provide a great way to stay connected with the school and your local community with important updates on school news and initiatives. Light refreshments are served.

Minutes for the 2016 and 2017 meetings to date can now be found on the CHS web site under Our School \ Your P&C \ Minutes & Documents.

2017 P&C VOLUNTARY FUNDRAISING CONTRIBUTION

The P&C relies on the annual Voluntary Fundraising Contribution as our primary means of fundraising together with the profits generated from the P&C run Uniform Shop.

As detailed previously you will receive via email the 2017 fundraising form which, once emailed, will then also be featured in the KIT going forward.

We ask that you kindly consider the CHS P&C's 2017 Voluntary Fundraising Contribution request – we have funded many wonderful school projects over the years – our coffers are now a little depleted – to be able to continue our support of CHS, we rely on this fundraising drive.



P&C News continued

The P&C is made up of many wonderful fellow parent/carers volunteers with a few choosing and being elected to take on specific tasks but please remember there are many ways to be involved and support your P&C and local community not all requiring too much time and each and every contribution is so appreciated.

If you want to be kept informed of P&C matters, receive the agenda or minutes, and/or become more involved please email us as per below. You can also find general information on the P&C on the CHS web site under Our School \ Your P&C. Remember there are many ways to be involved and support your P&C and local community not all requiring too much time.

For further information, please do not hesitate to contact us by emailing :
concordhighschool@pandcaffiliate.org.au

CONCORD HIGH SCHOOL UNIFORM SHOP NEWS

The Uniform Shop's operating hours are Monday and Wednesday 10.30 am – 1.30 pm.

Please note at recess (10:35am – 10:55am) and lunch (12.35pm – 1.15pm) students are given priority – parents welcome after recess and before or after lunch.

A reminder the Uniform Shop does not accept cheques.

We continue our notice and confirm that the increase in price of uniform shop items is now in effect. The new price list can be obtained from the Uniform Shop and will be posted on the CHS web site under the Our School \ Uniform Shop from week commencing Monday, 14 August. The price increases are beyond our control as we are now required, due to our revenue, to register and charge GST and the supply price of some items have also increased from our supplier.

The Uniform Shop is run by our wonderful Uniform Shop Manager, Mae Czernkowski, who is supported by a team of parent/carers volunteers. Mae together with these volunteers continue to work hard to ensure uniform prices are kept as reasonable as possible and that our Uniform Shop operates to a profit with all funds raised being donated to the school to help fund resources. We thank in particular for their recent work on Uniform Shop projects our volunteer Treasurer James Duck and Secretary Cathy Scanlan.

You can contact Mae, our Uniform Shop Manager, on 0434 169 203 or email school_s_in@yahoo.com.au

Finally, thanks to Mae, all P&C volunteers and members and very best wishes to all CHS students, families and staff from your Concord High School P&C.





Congratulations to the students listed below, who were awarded a Merit last week.

STUDENT

Tatjana LUKEZIC
Sienna DAVISON
Elise PREVETT
Mani SHAYESTEHFAR
Flynn WOOD

AWARD

Bronze Merit
Bronze Merit
Bronze Merit
Faculty Award: Faculty Award
Academic: Merit



Upcoming Dates

VARIATIONS TO ROUTINE TERM 3 WEEK 5

14 AUGUST– 18 AUGUST, 2017

WEEK A

14 August <ul style="list-style-type: none"> Year 7 girls netball 8:55am – 10:45am 15's Knockout netball 9.45 – 11.45 am Robotics club 12:35pm - 1:15pm 	15 August <ul style="list-style-type: none"> Mibu Town Student Group visit Japanese visiting group Prefects to Kokoda Memorial 	16 August <ul style="list-style-type: none"> Evacuation Drill Robotics club 12:35pm - 1:15pm
17 August <ul style="list-style-type: none"> Year 12 Economics Year 11 B Street Smart YAM program-Year 9 	18 August <ul style="list-style-type: none"> Senior assembly. Junior year meetings Year 9 Science Festival 	

A LOOK AHEAD 2017 Term 3 Week 6, 7 & 8

B TERM 3 WEEK 6	21 August <ul style="list-style-type: none"> Robotics club 12:35pm - 1:15pm NAPLAN Online testing week Yr 7 & 9 	22 August <ul style="list-style-type: none"> NAPLAN Online testing week 	23 August <ul style="list-style-type: none"> NAPLAN Online testing week Yr 7 & 9 Robotics club 12:35pm - 1:15pm Assessment Tasks <ul style="list-style-type: none"> Drama practical HSC Year 12 Advanced and Standard English 	24 August <ul style="list-style-type: none"> NAPLAN Online testing week Yr 7 & 9 	25 August <ul style="list-style-type: none"> Junior assembly. Senior year meetings NAPLAN Online testing week Yr 7 & 9
A TERM 3 WEEK 7	28 August <ul style="list-style-type: none"> Year 12 reports due Year 12 NESA marks due next week Tell them from me survey Robotics club 12:35pm - 1:15pm HSC Recital Night 	29 August	30 August <ul style="list-style-type: none"> Legacy Day Robotics Club 12:35pm – 1:15pm Year 8 Chinese 12:40pm – 2:55pm Year 12 Physics Year 11 Japanese 	31 August <ul style="list-style-type: none"> Prefects to Riverside Girls HS 3:30pm – 4:00pm 	1 September <ul style="list-style-type: none"> Senior assembly. Junior year meetings Year 12 N determinations- Principal determination Year 12 Physics 8:00am – 3:30pm Year 11 Japanese 12:10pm- 2:10pm Year 8 GATS 9:00am – 3:00pm
B TERM 3 WEEK 8	4 September <ul style="list-style-type: none"> SAS Recognition Week Robotics club 12:35pm - 1:15p 	5 September <ul style="list-style-type: none"> SAS Recognition Week P&C Meeting 7:00pm – 9:00pm 	6 September <ul style="list-style-type: none"> SAS Recognition Week Year 12 NESA marks due CHS Athletics RSA Course 9:00am – 3:00pm Robotics Club 12:35pm – 1:15pm Years 8 and 12 Japanese Excursion 12:35pm – 2:45pm 	7 September <ul style="list-style-type: none"> SAS Recognition Week CHS Athletics Year 9 Electronics 9:00am – 3:00pm 	8 September <ul style="list-style-type: none"> SAS Recognition Week Junior Assembly. Senior Year Meetings CHS Athletics Formal Year Assembly Period 2 Year 11 and Year 12 Formal Year Assembly Period 3 Years 8 and 9 Formal Year Assembly Period 4, Years 7 and 10

