



## PDHPE/Sport Requirements Year 8-10 2021

Dear Parents and Caregivers,

During the school year Year 8-10 students will participate in weekly sport, whole school carnivals, Gala Days and PDHPE related activities across various locations within the metropolitan area. With each of these activities comes a permission note and from time to time some students miss out because the notes are not returned. To streamline this process for both staff and parents we are seeking your permission to include your child in all local carnivals and sporting activities.

An **information note will be sent out 2 weeks** prior to the event outlining purpose, location, travel arrangements, student requirements and costs involved. This information note DOES NOT need to be returned to the school.

The Swimming and Athletics Carnivals **are both compulsory for Year 8-10 students to attend. The Cross Country carnival is a competitors only format for Year 8-10 therefore attendance will be via sign up prior to the day.**

The activities undertaken off the school grounds include weekly sport lessons (Grade and Recreational Sport), 3 major carnivals, Zone Gala Days and times during the term when the PE lessons are taken off site. This note covers all activities of this type for the 2021 school year (*it does not include overnight or extended camps*)

The Carnival Venues for 2021:

**Swimming Carnival (Term 1)** Drummoyne Pool

**Cross Country Carnival (Term 1)** St Luke's Oval and Surrounds

**Athletics Carnival** Sydney Olympic Park Warm up track, Edwin Flack Ave, Homebush

**Grade Sport Venues** - Cintra Park Netball Courts, St Luke's 1, 2 and 3 and Oval, Queen Elizabeth Park, Jessie Stewart Park, Hunters Hill HS, Ryde Secondary College, Marsden HS, Fort Street HS, Burwood Girls HS, Centenary Park, Blair Park, Ryde Park and Arlington Oval

**Recreational Sport Venues** - Five Dock Leisure Centre, Cintra Park Netball Courts, St Luke's 1, 2 and 3 and Oval, Queen Elizabeth Park, Jessie Stewart Park and Five Dock Cricket Centre

The rules for the RoSA state that each pupil must have '*Adequate experience in Physical Education and Sport in accordance with the Board Syllabus*' and;

- (1) Participate in ALL P. E. and SPORT Lessons. For exemptions from Physical Activity a legitimate note from parents/caregivers or a Medical Certificate is required.
- (2) Wear the required PDHPE uniform:  
**To be purchased from the school Uniform shop**  
<https://concord-h.schools.nsw.gov.au/uniform-shop.html>

Sport Polo Shirt	(\$37.00)	Tracksuit - Pants	(\$45)
Sport shorts	(\$33.00)	Tracksuit - Jacket	(\$50)
- (3) Attend Swimming and Athletics carnivals which are an important part of the school program.
- (4) Attend and participate in Grade or Recreational sports sessions every Tuesday afternoon.

### Please note:

PDHPE faculty uniform policy applies to all students for PDHPE and Sport. Any student out of uniform on 3 occasions in any one term will be placed on a Level 1 Contract. A further breach in a term will then escalate to a Level 2 HT Contract. The PDHPE policy states that joggers/sandshoes **MUST** be worn by ALL students in P.E./Sport classes. Vans/Converses are not acceptable footwear as they do not provide the appropriate foot/ankle support. A baseball cap and sunscreen is **compulsory** for outdoor activities. If this uniform cannot be worn a note from a parent/caregiver must be brought with alternative sports gear.

Thank you for your support and looking forward to a successful year of sport in 2021.

**Mrs L Bivona**  
Head Teacher PDHPE/Sport

**Mr A Reid**  
Sport Coordinator

**MS S. De Silva**  
Sport Coordinator

**Ms S. Milinovic**  
Deputy Principal